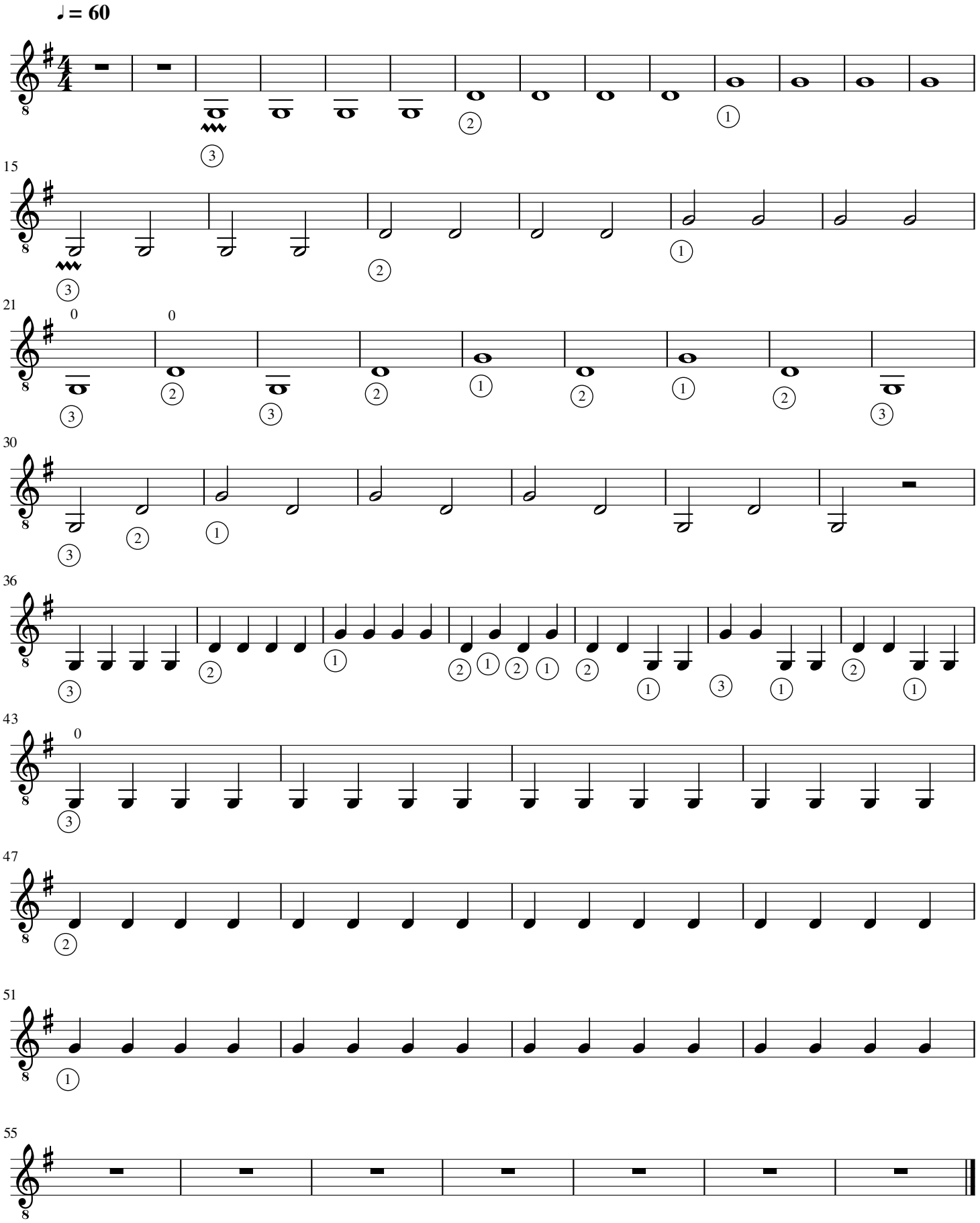excercise 2 full